



GUIDELINES FOR SUMMER VACATION

Summer holidays are great as we not only relax but also bond with the children. The duration of the Summer Vacation can really make a difference to the child's reading levels. Keeping this in mind we urge you to implement the following.

- Read aloud together with your children every day.
- Keep lots of reading material.
- Turn off the TV while spending time with your wards.
- Let your kid choose the book he/she wants to read.
- You can listen to the audio books too.
- Try to reduce the watching hours of the screen (TV, Mobile & other sources).
- Discourage watching cartoons/anything for a long time in the mobile phones as this can lead to neurological disorders.
- Encourage activities such as drawing, painting and other physical activities. They stimulate one's mind and body.
- Read Panchatantra stories to your children. They are full of morals and they pick the interest in developing the reading habit.

'The child is father of the Man' says William Wordsworth. If we spend time with our children, we can learn a lot about them. This is the right time to instill healthy attitude and positive fruits in them. Similarly, we too can learn a lot while indulging in these activities along with our children.

Wish you all Happy holidays and joyous togetherness.

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